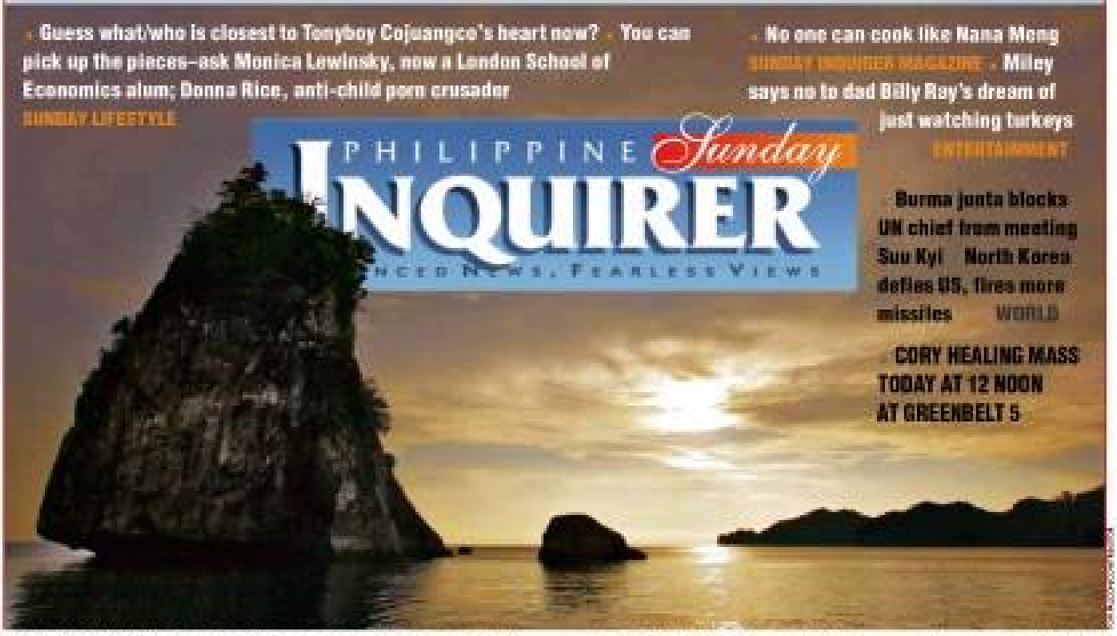
• Guess what/who is closest to Tonyboy Cojuangco's heart now? • You can pick up the pieces—ask Monica Lewinsky, now a London School of Economics alum; Donna Rice, anti-child porn crusader SUNDAY LIFESTYLE

• No one can cook like Nana Meng SUNDAY INQUIRER MAGAZINE • Miley says no to dad Billy Ray's dream of just watching turkeys ENTERTAINMENT

PHILIPPINE Sunday INQUIRER
NCED NEWS, FEARLESS VIEWS

Burma junta blocks UN chief from meeting Suu Kyi • North Korea defies US, fires more missiles WORLD

CORY HEALING MASS TODAY AT 12 NOON AT GREENBELT 5



THE CLIFFS OF CARAMOAN in Camarines Sur, its lush forest hills, wildlife and exotic flora, "a certain kind of green not seen elsewhere," white beaches and the smiling, helpful people so entranced the producers of Israel's "Survivor" series (shown there in October), that the Philippines will be part of the title. They are coming back to scout for other "Survivor" location. The Israelis discovered Caramoan after the French and the Bulgarians. (See story below.)

'Dream' polls promised

Smartmatic vows 100% accuracy, winners in 3 days

By Kristine L. Alave and Michael Lim Ubac

WITH THE POLL AUTOMATION PROJECT BACK ON TRACK, Smartmatic International has pledged a dream scenario for the May 2010 national elections.

In an interview with the Inquirer on Friday night, Smartmatic spokesperson Cesar Flores said "over 90 percent" of the election results would be in "within the first six hours after closing time." He said the voting machines would have "100-percent accuracy" and that in two or three days, the winners of nationwide contests could be proclaimed.

Flores said election results, as well as information on precincts and number of voters, would be transmitted by cellular phone, land line or satellite at the end of voting hours.

"From that point on, there'll be no more human intervention..." he said.

Flores said ballot-scanning machines similar to the Comelec's Precinct Count Optical Scan machines had been used in elections in the United States, Canada and the United Kingdom, and piloted in certain South American countries.

Each machine will have passwords,

DREAM / A6

Prayer power for ailing Cory extends to cyberspace

By Fe Zamora

"PRAYER POWER" IS IN FORCE FOR the cancer-stricken Corazon Aquino, and it has spread to the Internet with bloggers and members of social networks writing short but heartfelt prayers for her recovery.

The former President's official website, http://www.coryaquino.ph, has been inundated with prayers and messages since July 1, when it was reported that her condition had turned serious.

PRAYER / A6



THE WOMAN WHO CAN SEE ALASKA FROM HER KITCHEN Everyone caught by surprise.

Sarah Palin quits as gov, eyes presidency in 2012

ANCHORAGE, ALASKA—SARAH PALIN, who sought the US vice presidency in 2008, has announced she is stepping down as Alaska governor, fueling swift speculation Saturday of a possible 2012 White House bid.

Palin, who was Republican John McCain's running mate in last year's failed presidential campaign, said she would step aside as governor and would be replaced by Lieutenant Governor Sean Parnell at the end of July.

The 45-year-old governor announced during a press conference at her lakefront home in Wasilla, Alaska, that she wanted to "take a stand and effect change, not just hit our head against the wall and watch valuable state time and money, millions of your dollars, go down the drain."

In leaving her post before the end of her first term, Palin, the first woman to stand on a Republican presidential ticket, will be able to travel across the country more freely and build up a national political team, clearing the way for a potential presidential bid of her own.

A June 2 CNN poll had her running neck-and-neck with former Massachusetts Gov. Mitt Romney and ex-Arkansas Gov. Mike Huckabee in the top three favorites to head up the Republican 2012 ticket.

While hinting at broader ambitions, Palin also lamented what she called a "superficial, wasteful, polit-

SARAH / A6

Caramoan lures more 'castaways' from Israel

By Volt Contreras

A PIECE OF PARADISE IN BICOLANDIA continues to draw an international cast of castaways.

Like the French and the Bulgarians before them, Israelis have shot their own version of the popular reality TV show "Survivor" on the Caramoan peninsula in Camarines Sur, opening this tropical Eden to a larger global audience and tourism market.

"For Israelis, it's a view they won't see anywhere else," said Guy Hameiri, CEO of the production outfit Reif Hameiri, in an interview last month at the company offices in Tel Aviv.

"We were overwhelmed when we saw the location, and I'm sure it will be very tempting for our audience to go see it themselves," Hameiri said.

Show producer Gregory Behrman observed that "the Philippines has a certain kind of green that I haven't seen anywhere [else]."

He said he would return to the Philippines in September to scout for

CARAMOAN / A7

Michael Jackson: Fans swamp Internet for tickets

LOS ANGELES—FANS MADE A MAD dash on the Internet on Friday (Saturday in Manila) for tickets to the Tuesday memorial service here for Michael Jackson, stirring worries among city officials over the expected throng and the city's resources to police it.

After days of talks with the authorities, Jackson's family and business representatives announced a memorial at the downtown Staples Center arena but imposed what they promoted as a stringent lottery for fans to get the 17,500 free tickets reserved for them.

Some 11,000 tickets would be made available for the event inside the main venue while an additional 6,500 tickets would be distributed for fans watching a live feed at the neighboring Nokia Theater.

Within minutes of the draw being announced, the Staples Center website had crashed several times. By midafternoon, some 500,000 people had registered for tickets, the only way to get them, with winners to be notified on Sunday.

Representatives for the Jackson family later said the site had received 500 million hits in less than two hours.

The decision to hold an online draw disappointed fans already gathered at the Staples Center, some of whom had flown into Los Angeles from overseas in anticipation of the event.

"Oh no, you mean it's useless to wait here?" said Tokyo resident Chi Saso. "I really, really love Michael Jackson."

In a clear attempt to deter large numbers of ticketless fans from besieging the venue and creating a logistical nightmare, city officials said that the entire area would be put on lockdown. They urged fans heading to Los Angeles for Jackson's memorial extravaganza to stay away.

"If you do not have a ticket ... not only will you not be allowed at these venues, you will not be allowed in this area," Los Angeles Police Department chief Earl Paysinger said.

"You might want to consider watching this from the comfort of your own home," said Jan Perry, a city councilwoman who is serving as acting mayor while Mayor Antonio Villaraigosa is away on vacation.

MICHAEL / A7

Juana Change: She's you and me with lots of humor

By Edson C. Tandoc Jr.

SHE IS A GOD-FEARING GOVERNMENT fixer, a fortune-telling Sta. Niña, and a domestic helper on a plane sitting beside another OFW who looks suspiciously like Jose Rizal.

She is you and me and everyone in between. She is Juana Change. And just like the Filipino she represents, she wants genuine change.

She communicates her serious message by making people laugh and reflect: What the hell has gone wrong in this country?





Juana Change, played by 46-year-old theater actress and video producer Mae Paner, is a character who rose to cyber stardom through her political satires uploaded on the free video sharing site, YouTube.

"Our goal is to encourage people to act, to get involved and to stand up for

JUANA / A7

CHANGE WE CAN BELIEVE IN These are but a few of the items in Mae Paner's (aka Juana) long must-change list. Her group commits to make 20 more videos before 2010 polls.

WEATHER FORECAST

Second FrontPage

EZ2 | SUERTRES | SIX DIGIT | 6/42 LUZ-VIS-MIN P4,163,014.80 | POWER LOTTO 5/55 + 1/10 P63,872,793.00

Noli bares 10-point plan for RP

But Veep remains coy about presidential plans in 2010

By Cynthia D. Balana

HE MAY NOT BE AS VOCAL IN declaring his bid for the presidency, but the man has been doing his homework.

Palace: So what if GMA has breast implants?

By TJ Burgonio

Mayon may be acting up again

Swine flu hitting mainly teenagers, says DOH

By Norman Bordadora

ALMOST 50 PERCENT OF THE COUNTRY'S confirmed Influenza A(H1N1) cases affected mostly teenagers, Department of Health statistics show.

The disease surveillance report released by the DOH National Epidemiology Center for June 21-27 showed that 46.6 percent of the 1,784 cases confirmed so far in the country were in the 10-19 age bracket.

Those in the 20-29 bracket comprised 22.2 percent of the confirmed cases monitored from May 5 until June 27.

"They are to be expected in the beginning of a pandemic and why we are seeing mostly mild cases," said Dr. Eric Tayag, director of the DOH's epidemiology center.

"As it spreads, the more younger or older age groups will be affected and we may see more severe cases because they are high-risk. That's why it's very important to stop or limit the spread at home," Tayag said in a text message.

The World Health Organization (WHO) and the DOH consider infants and the elderly to be high-risk if they contract the virus.

Babies under one year in the comprise just 1.1 percent of the confirmed cases in the Philippines, according to the DOH report. Senior citizens above 64, on the other hand, comprise just 0.3 percent of the confirmed cases.

By region, Metro Manila had the highest incidence of confirmed A(H1N1) cases at 1,225, or 71.7 percent of the total, as of June 27.

Southern Tagalog came in a far second with 251 cases or 14.7 percent, while Central Luzon was third with 137 cases or 8.0 percent.

Tayag said the virus spread fast in urban centers such as Metro Manila due to the large population and their high mobility.

"Still this is where people can get tested easily," Tayag said.

In Metro Manila, the DOH has monitored 424 confirmed cases in Quezon City, 183 in Manila, 107 in Pasig, 93 in Parañaque and 79 in Makati City.

'AFP broke the law when it detained reporters'

By Julie S. Alipala
Inquirer Mindanao

Double black eye

Arbitrary detention

High-risk area

This early, cops get ready for GMA Sona

By Tera Quismundo



THE ARMED FORCES of the Philippines' National Capital Region Command brings out its big guns during operational readiness exercises at Camp Aguinaldo ahead of President Macapagal-Arroyo's State of the Nation Address on July 27.

GSIS, Pfizer Ink Partnership



The Power of One: (L-R) From GSIS: Arnaldo Cuasay, SVP, Administration Group; Winston Garcia, President and General Manager; From Pfizer: Albert G. Mateo, Jr., President and Country Manager

AFP: More Muslim rebels than gov't troops killed

AFP

Big enough rally planned for seized tutors' release

By Jerry E. Esplanada

UK lauds RP for rights stand

Heftier penalties sought for errant traders





THE DAILY GOSPEL





'DREAM' MACHINE Smartmatic-TIM officers demonstrate the Smartmatic voting machine at the INQUIRER office on Friday. From left are, Cesar Flores, International Sales Director; Miguel Avila, technical support; Robert Cook, VP International Sales; Armando Nabor, chief finance officer; and Cristina Alvarez, HR manager.

'Dream' polls promised

From page A1

Trust Comelec on automation—Palace

Pressure

'Blown out of proportion'

Other responsibilities

Transparency

Not money

Sarah Palin...

From page A1

Presidential contender

Family decision

Controversial

Unhappy

Prayer power for ailing Cory extends to cyberspace

From page A1

'Thanks for everything'

Nuns' prayer

Juana Change: She's you and me with lots of humor

From page A1



CHANGE FROM WITHIN The national advocacy of Mae Paner, actress and video producer, has led her to a personal advocacy. She's also committed to lose weight.

50,000 hits and counting

Well done, witty

Birth pains

Don't romanticize

Powerful tool

Juana donate?

Overwhelming

Personal advocacy

Michael Jackson: Fans swamp Internet for tickets

From page A1

Fascination with childhood

Powerful sedative

Plea for Diprivan

'Milk of amnesia'

Not a suspect

NYT, AFP and AP



"THE PLACE IS SO UNIQUE," gushes the Israeli producers of "Survivor," which is now on its third season there. They like the isolation of Caramoan but at the same time it has all the facilities to accommodate all the production people.

Caramoan lures more 'castaways' ...

From page A1

$7 million

'Very big thing'

Unique balance

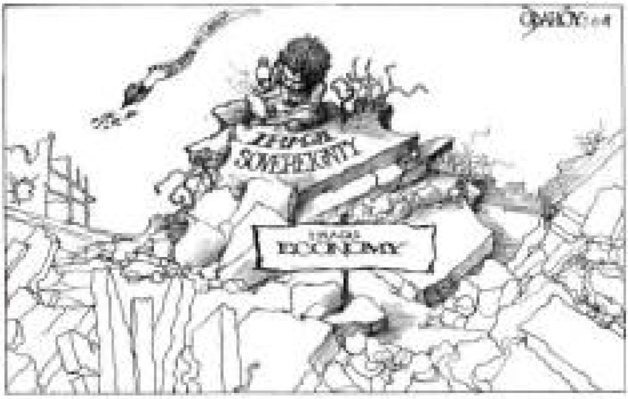
Tour packages

PHILIPPINE DAILY INQUIRER

OPINION

Invisible hand

EDITORIAL



Plans for her legal immunity

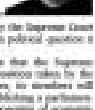
SEPARATE OPINION



Isagani A. Cruz

No pain, no gain

MOMENTS



Fr. Jerry M. Orbos, SVD

Awesome gathering power

WITH DUE RESPECT

Artemio V. Panganiban



Madame Imelda and Tita Cory

AT LARGE

Rina Jimenez-David



The Caesar temptation

WORLD VIEW

Juan Gabriel Tokatlian



The woes of Ms Marcos

METHOD TO MADNESS

Patricia Evangelista



TALK of the TOWN

ABACA INDUSTRY

Strippers' lives hanging by a thread





REMEDIOS Tornalles and grandchildren in her daughter's house

DOMINGO Pusci (second from left), a fiber development officer, examines an abaca plant

Hanging from a tree

Necessities

Last conversation

Deeper into despair

Out of school

Production skyrocket

Organic

Buying frenzy

Uses of abaca fiber



• Cordage



• Pulp and paper







By the numbers (2008)

86 percent

77,066 metric tons

$99.46 million

> 1.5 million

100,597

152,706 hectares

77,389 metric tons

79 percent

Grades of hand-cleaned Manila hemp



GRADES of abaca

Buying price of hand-stripped abaca

Residual grades

INQUIRER Mindanao

Hopes for peace kept alive in FGDs

'What is good about all of this is that people learn to talk to one another...'

Online views

Concepts of peace

Threats

Scientific method



SCHOOLCHILDREN in Pagayo, Lanao del Sur, echo the aspirations of many other children in Mindanao for peace to finally reign on their land.

Across the NATION

MILF holds kidnap suspect for probe

DJ linked to abduction of boy, Chinese national

COTABATO CITY—THE MORO ISLAMIC LIBERAtion Front (MILF) on Friday admitted that it has in its custody a suspected leader of the Pentagon Gang that was behind a series of kidnappings here.

Rebel justice

MILF relative



IN SEARCH OF PEACE

Subic program starts for displaced workers



New Iloilo City alliance formed to fight coal plant

ILOILO CITY—Another alliance against coal-fired power plants has been formed in Iloilo.



PROTESTERS

Do away with 'load' deadlines altogether, says solon

By Leila B. Salaverria

DOING AWAY WITH EXPIRATION dates for prepaid cellular phone "loads" might have been the better option than extending the earlier shelf life, a party-list lawmaker has said.

Kabataan Rep. Raymond Palatino said in a statement yesterday that although the extension guidelines issued by the National Telecommunications Commission (NTC) the other day provided some measure of relief to consumers, the agency should have compelled telecommunications companies not to put a deadline on cell phone credits.

"Increasing the shelf life of prepaid loads is not enough to address the concerns of millions of subscribers," he said. "The rationale behind prepaid expiration dates is that telcos [telecommunications firms] are dictating how consumers should use their load in order for them to rake in more profits. The loads should not have expiration dates in the first place, he said.

Palatino said service providers impose a time limit on loads so that consumers would have to use them up faster and then buy more of the same. They should have the discretion to use up their prepaid minutes when they want to since they paid for this, he said.

Consumers' prerogative

"It is the consumers' prerogative to choose to conserve their load and make them last. This is not like food or medicine that would spoil if they are not used at once," he said.

The NTC on Friday issued guidelines extending the life of cell phone loads, with the expiration dates dependent on how much was bought.

The order came amid pressure from the Senate, which is investigating the practice of cell phone service providers after consumers complained that their prepaid credits were disappearing without their having used.

Even Senate President Juan Ponce Enrile admitted that he was a victim of what many refer to as "the vanishing load."

At the same time, Speaker Prospero Nograles yesterday called on telecommunication firms to focus on offering more affordable cost-effective services to their customers.

"Affordable text messages and voice calls are great social equalizers, and I'm glad that one of our telecommunication firms is taking great strides to make it happen," he said in a statement.

Affordable option

Nograles cited as an example the new "Call All Landline" service now being offered by Philippine Long Distance Telephone Company (PLDT) which now gives its customers an affordable option in making voice calls.

Under the new service, an existing PLDT landline subscriber may have a second SIM-based line which could be used with any open-line handset. The second line could be taken outside the customer's local service area (or home zone) and used to make calls to PLDT customers within the same local service area at no extra cost.

"This is welcome news, especially now that Filipino consumers are keenly hard pressed to get more value for their hard-earned money. That's why Congress is constantly trying to find ways to make basic necessities such as telecommunications more affordable for consumers," Nograles said.

Fire hits 10-story Makati building

FIRE BROKE OUT IN A 10-STORY OFFICE building in Makati City early Saturday, burning three floors in over three hours, fire officials said.

No one was reported injured in the four-alarm blaze that hit the Pelba Building on Rodriguez Street in Legaspi Village, Chief Insp. Samuel Tadeo, head of Makati's Bureau of Fire, said.

Tadeo said the blaze started in the air compressor room on the ninth floor at 9:06 a.m.

It spread to the eighth and tenth floors after an hour. Fire out was declared at 12:30 p.m.

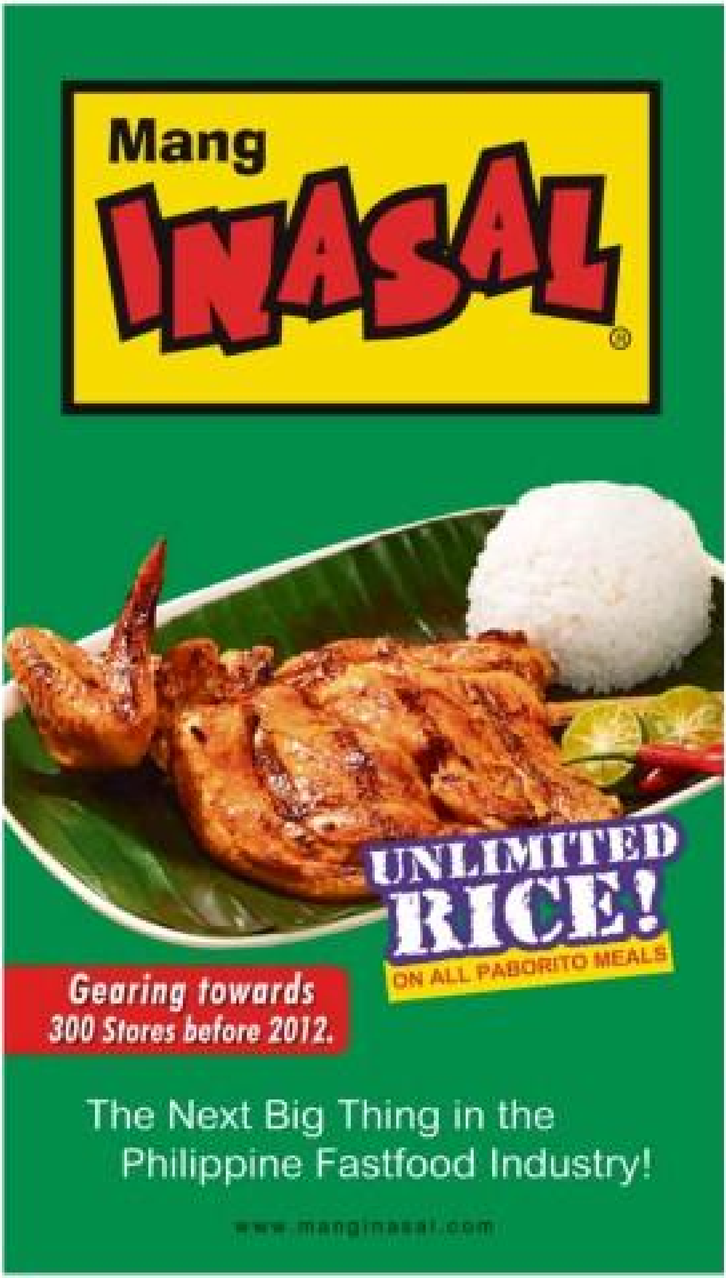
Tadeo said the thick billowing smoke made it hard to control the blaze.

Coco Life Insurance and call centers occupied the three floors. Call center agents had left the office before the fire started, Tadeo said. *Niña Catherine Calleja*

NEWS

Reject bets who support Con-ass, says Bernas

ANGELES CITY—CONGRESS'S PLANS TO CONvene a Constituent assembly (Con-ass) may not succeed this year so the people need to vote wisely in case it is pursued after the 2010 elections, a constitutional law expert said here on Saturday.



Boholanos exercise vs Con-ass

Opposition still has time to unite—'Chiz'

A plus METRO

Editor: Abelardo S. Ulanday

Lim gets tough on city curfew; minors warned



WHAT'S INSIDE

By Tina G. Santos

THE MANILA GOVERNMENT has warned minors against loitering on city streets from 10 p.m. to 4 a.m.

Proper documentation

Ateneo student attacked, shot by fellow students

A SECOND-YEAR LAW STUDENT OF ATENEO de Manila University was seriously wounded after four fellow law students attacked him Friday evening in Makati City.

Greening empty roofs in Metro



By Jeannette I. Andrade

[illegible]

Working with nature

[illegible]

Utilizing wasted space

[illegible]

Primary requirements

[illegible]



Prominent project

[illegible]

Cops eye demolition of several shanties in 'Vietnam Village'

By Tina G. Santos

[illegible]

Improve the image

[illegible]

Dumped, cemented

[illegible]

Innocent victims

[illegible]

MetroBriefs

Body of female teenager found

[illegible]

Caloocan now has dog pound

[illegible]

Body temperature check set

[illegible]

Watch vs motorcycle riders

[illegible]



GLOBAL Pinoy

Guam is where it began for this 'principal from nowhere'



Committed to family

Readily available

Proudest of students

Remembering Lourdes

Difficult, comfortable life

Not grow old in US



Domestic violence not merely a case of bad marriage

IMFO

Lourdes Santos Tancinco



Relief for victims

Substantial evidence

The WORLD

N. Korea defies US, fires more missiles

SEOUL—NORTH KOREA FIRED SIX BALLISTIC missiles on Saturday, South Korea's defense ministry said, in an act of defiance toward the United States that further stoked regional tensions already high due to its nuclear test in May.

[illegible]

Reuters

Junta blocks UN chief from meeting Suu Kyi

[illegible]


SUU KYI

[illegible]

AFP

WorldBriefs

Russia to open airspace to US for Afghan war

[illegible]

AFP

Defiant Honduras coup leaders pull out of OAS

[illegible]

AFP

Iran hardliner calls opposition leader a US agent

[illegible]


MOUSAVI

[illegible]

AFP

Talk of the Town

SMARTalk—Manila and Cebu get the first word on the newest SMART innovation.

A Talk Show to Talk About

[illegible]









Everybody is Talking

[illegible]

Walk the Talk

[illegible]







[illegible]



WHAT'S INSIDE
■ Roger seeks Slam No. 15 A21

Sunday SPORTS
Editor Teddyvic E. Melendres
Assistant Editor Francis T.J. Ochoa

SMB, minus 2 stars, breaks tie vs Ginebra

By Musong R. Castillo



League comes down hard on Danny I, Pingris

By Musong R. Castillo

Raging Bulls stampede to 2nd baseball crown

Javelin silver ends RP AYG drought

IN HUDDLE



Beth Celis

'BINGO' BADMINTON

All-Chinese final in three events



CHEN Long reaches to return a drop shot.

SPORTSWATCH

Blu Boys join world softball event

'Clear' hoop reality show kicks off

BSCP appeal: Open RMSC billiards hall for practice

MBT: Adamson battles Pharex

Benito steers R2R team



BENITO



TUMAMBING

RP cagers surrender bronze to Koreans

By June Navarro

Poor free throw shooting

Roger seeks Slam No. 15

Federer ousts Haas; Roddick crushes British hope

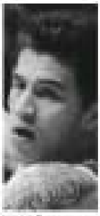

FEDERER



RP Volcanoes blank Guam, gain Division II

By Cedelf P. Tupas


ILDEFONSO


PINGRIS

League comes down hard on Beermen

Antonio, Gomez share top spot with 6 others


ANTONIO


GOMEZ

Aquino named 'NC' Player of the Week

RTU five sweeps Malaysia tourney

Tiger moves into lead at Congressional

BETHESDA, MARYLAND—[illegible] during a rally stretch in the middle and shot 3-under 68 Friday to take a one-shot lead at the AT&T National with the lowest 36-hole score ever at Congressional Country Club. Woods was at 7-under 133, taking a one-shot lead over Rod Pampling, who had a 64. AP

Tour kicks off; Armstrong ready

MONACO—THE TOUR DE FRANCE is ready for another edition with Lance Armstrong in the lineup. Saturday's first short stage may show whether Armstrong is ready to challenge for another title.

Cycling's biggest name is also its comeback kid, as the three-week race begins in Monaco, with a time trial likely to show right away whether Armstrong's 37-year-old legs still have it. Armstrong said he was ready to compete against the best.

The Tour starts with a 15.5-kilometer (9.6-mile) first stage along the hilly streets and hairpin turns of Monaco—a Mediterranean principality better known for Formula One than for huffing two-wheelers.

The stage is likely to offer an early disclosure of potential title contenders who will want to at least hold their own in the race against the clock.

Specialists in the discipline include Fabian Cancellara of Switzerland, who won gold in the time trial at the Beijing Olympics, and Bradley Wiggins of Britain.

They could capture the race leader's yellow jersey though they aren't expected to fare as well when the race reaches the Pyrenees in Stage 7. Among overall race hopefuls to watch Saturday are Cadel Evans of Australia, Russia's Denis Menchov and 2007 champion Alberto Contador, for whom the course is almost tailor-made because of its hilly layout. AP

Hedo now a Raptor

TORONTO—TURKish forward Hedo Turkoglu will join the Toronto Raptors after spurning the Portland Trail Blazers, according to multiple reports.

On Friday a person close to the Blazers confirmed that Turkoglu ended contract talks with them.

Turkoglu opted out of his Orlando contract last week when the team acquired Vince Carter from New Jersey.

Turkoglu was due $7.3 million next season, the final year of his $36 million, six-year deal with Orlando.

Phil returns

In Los Angeles, Phil Jackson will return to coach the Los Angeles Lakers next season, getting a clean bill of health following a record championship season. Jackson turns 64 in September and said on the team's website Friday he got the go-ahead for another season after consulting the team doctor. AP

Business Features Editor Margie Quimpo-Espino
Sunday Biz



LOBSTERS fresh from the aquariums of Breakthrough Seafood Restaurant in Iloilo City are ready to be cooked according to the diners' preference.

Marine biologist dives into Iloilo food venture



MARINE biologist and restaurateur, Raymundo Robles, sits before an array of fresh seafood and Ilonggo cuisine.

Text and photos by Hazel P. Villa
Inquirer Visayas

ILOILO CITY—COOKED TO PERFECTION, reasonably priced and most importantly—fresh as can be.

This was what marine biologist Raymundo Robles had in mind when he struggled to woo customers to his seafood restaurant 20 years ago.

Gone are the days of getting people to go to his outlet as Breakthrough Seafood Restaurant is now a byword among Ilonggos and a must-go for balikbayans and visitors.

The story goes that you have never really been to Iloilo until you have enjoyed fresh and authentic Ilonggo seafood dishes such as ginat-an nga alimasag (catfish with coconut cream), sinugba nga mangagat (grilled red snapper), baked diwal (angel wing clams) and non-seafood favorites like binakol nga manok (Ilonggo chicken soup) and ensaladang puso sa saging (banana heart salad).

Robles says customers were always asking for fresh marine products and so he used his expertise as a marine biologist to give customers what they wanted.

Villa Beach

Since transferring from E. Lopez St. in Jaro District in 1992 to the current location in the area popularly known as "Villa Beach," Robles has constructed 30 cement and glass aquariums and indoor "ponds" containing live shrimps, catfish, crabs, lobsters, shrimps, prawns, various sea shells, selected fishes and the rare angel wing clams.

Robles explains that the sea creatures are kept alive because salinity and water environment are controlled to approximate their natural habitats.

Seafood aficionados like Mary Frances Yap are thrilled to choose crabs and shrimps and have them cooked in the inimitable "Breakthrough way", which is grilled, steamed, or turned into seafood soup.

"No matter how Breakthrough's food is cooked, you can be sure it will retain the flavor of the sea," says Yap, a Hotel and Restaurant Management student.

It helps, too, that the restaurant (made of bamboo, sugar, nipa and [illegible] reinforced with cement) is by the beach with a relaxing view of neighboring Guimaras Island.

Breakthrough Restaurant has impressed not only customers but also government agencies, such as the regional Department of Tourism that named it the Best Restaurant in Western Visayas for 2006 and 2007.

Graduating from the University of the Philippines-Diliman in 1979, Robles says he did not know much about cooking or running a restaurant since he was into the fishing industry and the buying and selling of capiz shells for export.

Evolution

"We put up a snack bar at E. Lopez St. and before we knew it, it had evolved into a seafood restaurant," says Robles.

The evolution came to be because the restaurateur and his wife, Ma. Isabel Baldajesa-Robles, a Hotel Restaurant and Administration graduate of UP Diliman, always gave customers what they wanted.

Thus, the couple's first restaurant started to look like an aquarium shop, simply because they catered to their customers' wish for fresh seafood.

Then, it was time to transfer in 1992 because the small space on E. Lopez St. could no longer hold the growing number of loyal clients.

And so, with an initial capital of about P20,000, the Robles couple bought more aircells, experimented with seafood cooking and hired competent staff.

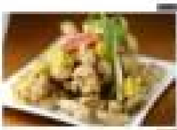
By 2005, they bought the area where their

MARINE B2



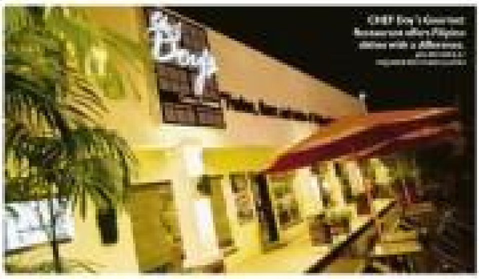
CHILI CRABS at Breakthrough Seafood Restaurant

Gourmet for all seasons



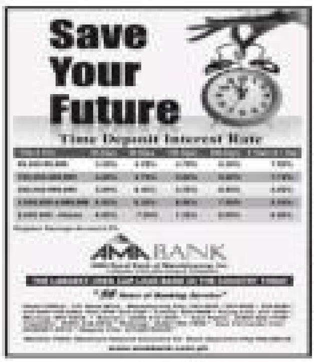






Celebrating 7,107 ...

Marine biologist dives into food venture



Goings-on

Franchise Expo on

Jesus Tambunting gets award

Shell backs project

Jaguar named top employer for families

Israel Chamber gets new name

Sterling Bank expands



AN OWNER prepares her booth at the Organic Weekend Market.

Organic farmers set up market

By Jose Escandor Jr.
Inquirer Southern Luzon

NAGA CITY—PUSHING THEIR advocacy to put natural products in the mainstream market, practitioners of organic farming have opened a market here along the commercial strip of Magsaysay Avenue.

"It's more of a promotion of philosophy of changing lifestyle for better health and the principle of healing of Mother Nature," said Sadan Malinis, a member of the Organik Bikol Advocateurs Network Inc. or Oban. "It's actually a break-even business."



VEGETABLES, food supplements, fertilizer and other organic products sell well during market day.

Improving yield

Malinis, who has been into organic farming for two years, sold some 30 natural free-range native chickens in one weekend. For two days each week, Oban members will get to sell all-organic products to customers.

Malinis said the chickens were raised for 6 to 8 months on an 11.7-hectare farm in San Fernando town, Camarines Sur. The farm is owned by Christian Life Community.

Malinis said that, apart from raising livestock, he also grows root crops, indigenous vegetables and fruit trees using natural compounds and microorganisms from raw materials, like carabao and cow dung.

They concoct their own liquid and solid fertilizers and pest resistance substances to improve yield and combat pests and diseases, he said.

Strict product quality

Rosalina Tan, Oban's development arm and chair emeritus of the Organic Producers and Trade Association of the Philippines (Optap), said the idea of establishing the organic market every weekend came from Optap president and pioneering natural food advocate Mara Pardo de Tavera.

In 1994, Pardo de Tavera set up the first weekly organic market at the old Greenbelt in Makati City on idle space provided by the Zobels.

At present, she operates organic markets in Salcedo San Lorenzo Market, Rustan's Supermarket, Rockwell, Ayala Center, Forbes and Alabang Town Center.

According to Tan, the organic market at present is very small, accounting for less than one percent of total market supply of food products.

She said the organic market follows a standard product quality that includes adherence to sell products that do not have harmful carcinogenic ingredients, synthetic chemicals, preservatives, additives and growth stimulants, which the International Federation of Organic Agriculture Movements and other international groups have set.

The weekly organic market is held in newly-constructed stalls commissioned by Rep. Luis R. Villafuerte, a health food advocate himself.

Organic products sold to the market all come from Oban members so the group still has to create a mechanism to validate goods produced outside the organization, Tan said.



COSTUMERS choose to buy vegetables at the Organic Weekend Market along Magsaysay Avenue in Naga City.

Climate change

When organic farmers gather, they get to exchange and information regarding organic farming practices, Malinis said.

"The biggest challenge is climate change, the unpredictable weather pattern, like when rain comes when it is less needed. We are conceptualizing ways on how to adapt to the unpredictable weather pattern," he said, adding that the group has toyed with the idea of growing crops in low-tech greenhouses.

Peg Pedrola, one of the most sought-after models in the 1980s and now an organic farming practitioner, said climate change had taken its toll on her organic farm in Magarao, Camarines Sur—wiping out her indigenous papaya.

Pedrola said she had tried growing other crops including eggplant, tomatoes, pepper, beans, kale and Brussels sprouts. Later, she found out that she could sustain organic lettuce production by calendaring the planting and harvesting.

She explained that it's learning by doing.

"And the learning process is continuing," she said, adding that it had become like a vocation and mission for her.

"It's break-even or a little earning," Pedrola laughed.

Trust

Pardo de Tavera said that to sustain an organic market, one must be very strict with the quality of products sold to safeguard and maintain the trust and confidence of clients who have chosen to change the products they use and the food they eat in favor of good health and environment.

She related how one stall owner cheated her way into Pardo de Tavera's first organic venture at the old Greenbelt in Makati City.

She said she immediately terminated the contract of the tenant, who was more interested in generating profit rather than clean living.

Pardo de Tavera once owned an organic store in New York before she settled down in the Philippines and embarked on a self-appointed mission to promote natural food and help heal bodies and the Earth.

She believes that demand for organic products worldwide will go up because of the growing number of people who have come to realize the need to change lifestyle.

Mr. Pete sings malunggay's praises

From page B[illegible]

Last March, he opened a stall at Tiendesitas in Pasig City, which has become "a balikbayan destination."

The demand is high among balikbayan shoppers who want to bring a taste of Filipino food abroad, he says.

For the former Rizal Rotary Club president, the business is an extension of his advocacy, where he regularly supplies food for schoolchildren in Rizal through a feeding program. Through partnerships and a grant from his friends from the Rotary Club, he bought a van which he had converted into a mobile feeding station.

He has also partnered with [illegible] Foundation to sustain the feeding program. For every purchase of his products worth P40 and above, a peso goes to feed the children.

Mr. Pete still refuses to take a backseat in his business. He continues to experiment on ways to bring malunggay's benefits to more people across the country.

NOTICE OF THE ANNUAL MEETING
OF THE STOCKHOLDERS
OF
CAGAYAN DE ORO COLLEGE, INC.

Please be notified of the Annual Meeting of the Stockholders of the Pamantasan ng Araullo (Araullo University), Inc. to be held on 21 July 2009, at 2:00 p.m., at the Cagayan de Oro College Campus, Max Suniel Street, Carmen, Cagayan de Oro City, Misamis Oriental, with the following Agenda:

1. Call to Order
2. Notice and Quorum
3. Approval of Minutes of Previous Meeting
4. Approval of Annual Report and Audited Financial Statements
5. Ratification of Acts of the Board, Committees and Executive Officers
6. Election of Trustees
7. Appointment of External Auditor
8. Other Matters
9. Adjournment

TREY A. LUNA
Corporate Secretary

Sunday Biz

Mr. Pete sings malunggay's praises



Pizza gets dash of patriotism

By Tonette Orejas
Inquirer Central Luzon

ANGELES CITY – A RESTAURANT that has been selling Filipinized pizza flavors in this former stomping base town since 1973 is honoring modern-day heroes by treating them to lower-priced goods.

The 10-percent dash on the bill comes [illegible]—no questions asked, no showing of coupons, but only identification cards required—for teachers, government employees, overseas Filipino workers, soldiers, firefighters and policemen.

The campaign, dubbed "Promoting Patriotism, One Pizza at a Time," lasts until June 12, 2010.

"You can say we're putting our money where our mouth is," said Marc Nepomuceno, owner of Armando's Pizza, in explaining why the home-grown pizzeria went beyond displaying the Philippine flag on Independence Day.

[illegible]

"Call it a gift, our small token of appreciation to all the modern-day heroes out there," said Nepomuceno, who is also president of the Metro Angeles Chamber of Commerce and Industry.

[illegible]

The tribute is not limited to those in Pampanga or in Central Luzon.

"We may not be a global pizza brand. In fact, we're not even really national in scope. But it doesn't mean we can't launch a nationwide campaign on a shoestring, especially one that is dedicated to every Pinoy bagong bayani wherever one may be," Nepomuceno said.

There's another message in the campaign. Pinoy brands, however small, can take care of their own even in times of recession.

"You do not always need [illegible] a million pesos to make a good campaign work. Sometimes, you just need to be sincere," Nepomuceno said.

[illegible]

With the discounts and a [illegible] for trees, customers can enjoy choices from out of 18 flavors.

The place, the Nepomucenos' old grain depot, [illegible], gives an Old World ambiance as well.

Go, grow, glow properties a hit with Filipinos

Text and photos by Penelope P. Endozo

HOW DOES ONE LOVE malunggay? Let Peter Pelaez count the ways.

[illegible]

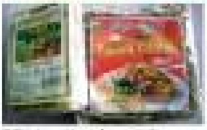


PETER Pelaez shows off his "green" bestsellers—chips, noodles and tea.

[illegible]

Toll manufacture

[illegible]



EVEN without his own factory, Mr. Pete gets to produce a wide array of products through toll manufacturing, including malunggay-fortified pancit canton and bihon.

[illegible]

"I don't have my own factory," he said, but as a former distributor of major food labels in Luzon, he has managed to persuade manufacturers to work on his products. He has also enlisted the help of a food technologist who acts as his consultant.

[illegible]

'Bulilibayan' favorite

Mr. Pete's products may be found on the shelves of [illegible] Supermarkets throughout Luzon.



IN THE business matching lounge, buyers and suppliers discuss how to help each other grow.

Celebrating 7,107 flavors

By Vanessa B. Hidalgo

IT'S NO SECRET FILIPINOS LOVE TO EAT, and they want everybody to eat with them.

At the recently concluded International Food Exhibition (Ifex) Philippines, Filipinos got to do just that—share with the world exciting and delectable food products from the country's 7,107 islands.

Visitors got the chance to sample and savor what the Philippines has to offer the world.

The event featured a myriad of flavors, from fresh fruits, juices and vegetables to processed food and ethnic regional delicacies.

It's not an ordinary exhibition. During the event, several specialized zones were set up to cater to the every need of buyers. There is an area that serves only Kosher certified food. Another offers Halal certified products. Other special zones include: [illegible] One Town, One Product (Otop) setting, Integrated Project for Micro and Small (IPMS) Food Processors setting, Fair Trade pavilion, Marine pavilion, Coffee pavilion, Coconut pavilion, Department of Agriculture pavilion, [illegible] Philippines pavilion, Health and Wellness zone, New Product Place and Food alley.

This year, Ifex also marked the debut of Embassy Row, where representatives of other countries put their best food forward, displaying their country's culinary [illegible]

CELEBRATING B2



THE WORLD discovers what the Philippines has to offer through Ifex.

Sunday LIFESTYLE



It's a perfect marriage

Top executive explains how the lure of fashion is akin to that of his brand's 'jewel'

IN THE MARKETING world, fashion is a brand's buddy. The logic is, if a brand has a good product, it

should be tempting.

Frederick's 'Michael moment'

Cory, Imelda, Dewi

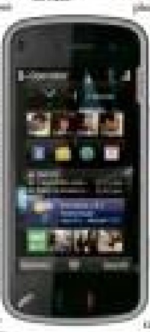


It's a perfect marriage

How a Classic is an auxiliary to lifestyle







Like piece of jewelry

Timing and innovation

First encounter with mobile



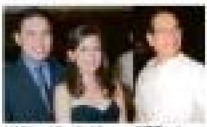


Cory, Imelda and Dewi







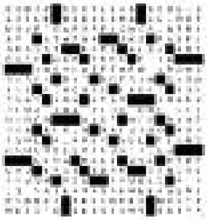




IMELDA Marcos and Dewi Sukarno



ANSWER TO SUNDAY CROSSWORD



Travel Briefs



ETIHAD cargo

Festival on sumptuous Spain

[illegible]



Chef Andrew Zarzosa

RP indigenous fabrics debut in Zurich

[illegible]

Etihad carries Louvre Abu Dhabi masterpieces

[illegible]

QC Lions Club marks golden anniversary

THE BARANGAY LIONS CLUB, the second oldest Lions Club in the country, held its 50th anniversary celebration last May 15 at the Turf Room of Manila Polo Club, vis-à-vis the governors' visitation, and honoring past governors and pillars of the club.

[illegible]

Philippine Order of Malta joins Lourdes pilgrimage



MEMBERS of the Order of Malta from all over the world gather in Lourdes, France, for the healing of the sick.



PURELY PERSONAL



Josephine Darang

Philippine association

St. John the Baptist

Happy birthday, Tita Helen



Testimonials

New deacons

Sunday LifeStyle Relationships



This thing called redemption





MONICA Lewinsky

How to pick up the pieces? You can. Monica Lewinsky, now a London School of Economics alum, is a bag designer. Donna Rice is anti-child porn crusader

By Lito V. Gutierrez
Contributor

CALIFORNIA—HAYDEN KHO Jr. may have considered jumping off a bridge for the anguish his caper has caused the women in his videos. But he shouldn't really for he is in pretty good company. He should look at the playbook of American politicians who, having caught with their pants down, have managed to zip themselves up and carry on with their lives, even careers.

Forget John F. Kennedy whose tale was stuff of legend, or Bill Clinton who used linguistic dexterity to [illegible] of impeachment, or even our Ferdinand Marcos, whose peccadilloes were also stuff of legend. Just over the past couple of weeks, we've had two leading American politicians, presidential wannabes both, who've [illegible] behind their wives' back.

The first was John Ensign, a Republican representing Nevada in the US Senate, followed by Mark Sanford, the governor, also a Republican, of South Carolina, who, hav-

Turn to [illegible]



HAYDEN Kho



This thing called ...



Is he ready for a re... after a failed ma...

EMILY'S POST

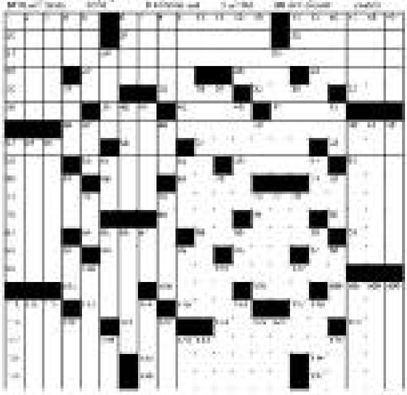
Emily A. Marcelo



SUNDAY CROSSWORD

PREMIER CROSSWORD/ By Frank A. Longo

AVOIDING THE DRAFT





Designing your kitchen









...lationship ...rriage?

...a partner to ease his sol... may have become his ...their consulting board, a ...friend he can open his ...andcost worry of being ...gaits. He has just gotten ...wavy situation, someone ...his?

A serious relationship would be something he shouldn't embark on ...ure. We could just be ...ending kind ears to help him get by.

...e tread slowly and carefully ...ut your friendship take ...grow into a strong relationship. Don't read beyond anything ...than what you hear and ...d. Refrain from weaving ...ams of pink clouds and ...that could easily pop to... He needs time to recover ...d time to know him better ...and listening to him will ...'s story as a friend in difficult ...im living with him and ...life on his wife.

...best, a fairy tale can just ...urn into a nightmare.

...@inquirer.com.ph



...in a BigSmall Tshirt

Delores Custer holds food styling seminar on July 25



DELORES Custer

INQUIRER LIFESTYLE, THE CENTER for Culinary Arts Manila and Genesis, CCA Manila's restaurant school, will present Delores Custer's food styling seminar on July 25 at the Sofitel Hotel, Pasay City.

The seminar is the kind of program which CCA Manila encourages its students to attend.

"Our thrust is to develop a well-rounded education among our students," says CEO Marlonie Trinidad. "It's important for them to be exposed to the outside world and see the trends that are happening."

Likewise, CCA encourages its faculty members to upgrade their skills, which they can certainly do through Custer's seminar. Aside from showing the art of preparing food for the camera, Custer will lecture on how to promote products, increase visual awareness, enrich creativity and critique food photos, an important skill in presenting and promoting food.

Like CCA, Custer believes food professionals should be well-rounded. Besides culinary skills, chefs should also know recipe writing and development, how to do cooking demonstrations, and more ways to work as a freelancer. In fact, many young chefs in the US such as Sara Moulton have been students of Custer either at the Culinary Institute of America, New School University or Institute of Culinary Education in New York.

"Often, those who get called for jobs are the versatile ones, those who not only know how to cook but who can also style dishes and develop recipes," says Custer.

Custer's seminar is in line with CCA's policy of being outward-looking. Besides inviting foreign chefs and instructors to lecture in school, CCA programs are accredited by the American Culinary Federation which, with a membership of 19,000, is the largest organization of professional chefs in the world today.

This accreditation allows CCA graduates to work anywhere in the world as certified culinarians. CCA also has an exchange program in Canada and a tie-up with the William Angliss Institute in Australia. Thus, students can start their culinary program in CCA then finish at the William Angliss Institute.

Meanwhile, Genesis is doing its own share in skills upgrading. Recently, it sponsored a seminar on events management conducted by a lecturer from the William Angliss Institute. Genesis also has a Fast Track Pro Chef Program for those who wish to finish in six months.

Aside from Custer's lecture, food styling demo and Powerpoint presentations, there will be a hands-on segment where participants can style their own dish. In addition, a raffle will give participants a chance to win exciting prizes.

Seminar fee is P3,500 per person, which covers lunch, lecture handouts and product sampling from sponsors.

To register, call the Dulce Amanto or Alice Bacong at the Inquirer marketing department, 8973888 local 356 or 358, or e-mail dxmanto@inquirer.com.ph or lifestyle@inquirer.com.ph.

Wear green and help save the planet

BIGSMALL COMPANY, THE UMBRELLA company of children's clothes brands BigSmall, Spin and Orange Juice and fashion brand for moms H.A.B Maternity and More, recently forged a partnership with the World Wide Fund for Nature (WWF-Philippines) in support its programs on climate change, environmental protection and wildlife conservation. The collaboration is proof of BigSmall Company's commitment to do its share in helping save the planet.

The partnership aims to advance climate change awareness through a line of green-themed T-shirts. The T-shirts will impart strong messages about the environment and give tips on reducing individual carbon footprints.

To minimize the ecological effects of production, WWF works hand-in-hand with corporations to assess the life cycle impacts of their products on natural resources, climate change, human health and local biodiversity. The entire life cycle is assessed—from sourcing raw materials, manufacturing and transport to waste processing and disposal.

BigSmall Company has been a faithful advocate of the green revolution. To further ensure that its operations are eco-friendly, WWF will measure the ecological footprint of BigSmall Company to ensure an integrated and transparent approach to sustainability.

According to WWF, the partnership aims to make consumers aware of how their purchases affect the environment to get them to shift from a wasteful to sustainable lifestyle. The best solution is to reduce energy and material consumption. The next best thing is to purchase relatively sustainable products.

To celebrate the partnership, BigSmall Company recently showcased its WWF T-shirt collection through a kids' fashion show.

Milestones

[illegible]



PAREDES-MANAHAN

[illegible]



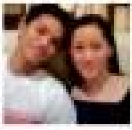
KHOO-LIM

[illegible]



ESTEBAN-BALAGOT

[illegible]



GONZALES-ELEMTO

[illegible]





BROWN-MATIAS

[illegible]

G.I. JOE: THE RISE OF THE COBRA TOY LAUNCH AT TOY KINGDOM

[illegible]



[illegible]







[illegible]









Sunday LIFESTYLE

Guess what/who is closest to Tonyboy Cojuangco's heart now?

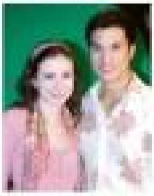
It's what's keeping him busy

By Marge C. Enriquez



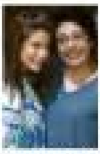
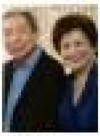
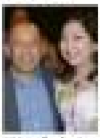
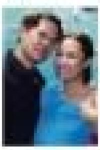
ANTONIO "Tonyboy" Cojuangco

Friendship with founders





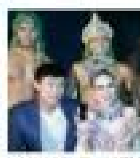
Celebrating our crystal anniversary at an oceanarium







Guess what/who is closest to Tonyboy Cojuangco's . . .

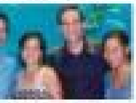


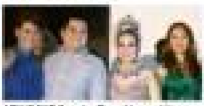


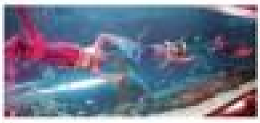






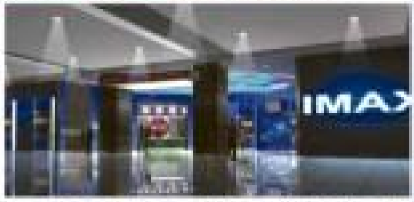


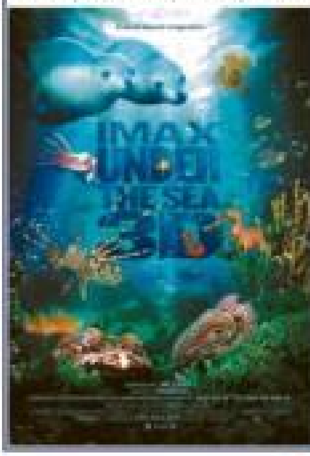




MERMAID Show for the Sea Princess and Pirate anniversary at Manila Ocean Park

The IMAX Experience Goes Up North

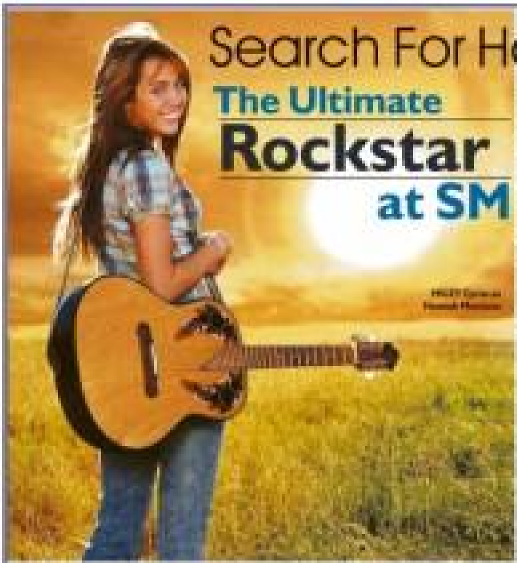




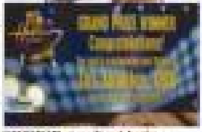


Search For Hannah Montana

The Ultimate Rockstar at SM















ENTERTAINMENT

Editor: Emmie G. Velarde

Katie Holmes thinks she can dance

NEW YORK—KATIE HOLMES THINKS SHE CAN DANCE... and in a few weeks, she'll display her moves before a discriminating audience. Nigel Lythgoe, who is the producer of Fox's "So You Think You Can Dance," confirms the 30-year-old actress will perform for the reality contest's 100th episode, airing July 23. Holmes will pay homage to Judy Garland. In a taped number, she'll sing and dance to the Garland classic "Get Happy." The cameo promotes the foundation she launched with Lythgoe and "Dancing" judge Carrie Ann Inaba. AP



Miley says no to dad Billy Ray's dream of just sitting and watching turkeys

ONLY IN HOLLYWOOD

Ruben V. Nepales





"I wouldn't say I'm intimidating."













Kevin Jonas, girlfriend get engaged

NEW YORK—The eldest Jonas brother, Kevin, and his girlfriend Danielle Deleasa were engaged Wednesday.

The 21-year-old Jonas is one third of the popular Jonas Brothers, along with Joe and Nick Jonas.

Their engagement was first reported by People magazine.

People quoted Kevin Jonas as describing his girlfriend's reaction as "yes, yes, yes like 500 times super fast in a row." AP





CINEMA ACCESS: 295-5555

MOVIEWORLD

ROBINSONS MOVIEWORLD CINEMA MOVIE GUIDE

GALLERIA

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 ICE AGE 3: DAWN OF THE DINOSAURS
4 TRANSFORMERS: Revenge of the Fallen
5 TRANSFORMERS: Revenge of the Fallen
6 ICE AGE 3: DAWN OF THE DINOSAURS
7 PITIK BULAG
8 IndieSine: DOBE
9 VILLA ESTRELLA
10 TRANSFORMERS: Revenge of the Fallen

ERMITA

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 ICE AGE 3: DAWN OF THE DINOSAURS
4 TRANSFORMERS: Revenge of the Fallen
5 PITIK BULAG
6 VILLA ESTRELLA
7 TRANSFORMERS: Revenge of the Fallen

METRO EAST

1 TRANSFORMERS: Revenge of the Fallen
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 ICE AGE 3: DAWN OF THE DINOSAURS
4 ICE AGE 3: DAWN OF THE DINOSAURS
5 TRANSFORMERS: Revenge of the Fallen
6 TRANSFORMERS: Revenge of the Fallen
7 TRANSFORMERS: Revenge of the Fallen
8 VILLA ESTRELLA

NOVALICHES

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 VILLA ESTRELLA
3 TRANSFORMERS: Revenge of the Fallen
4 ICE AGE 3: DAWN OF THE DINOSAURS

PIONEER

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 TRANSFORMERS: Revenge of the Fallen
4 TRANSFORMERS: Revenge of the Fallen



STA. ROSA

1 TRANSFORMERS: Revenge of the Fallen
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 ICE AGE 3: DAWN OF THE DINOSAURS
4 VILLA ESTRELLA

LIPA

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 TRANSFORMERS: Revenge of the Fallen
3 VILLA ESTRELLA
4 ICE AGE 3: DAWN OF THE DINOSAURS

DASMARIÑAS

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 KAMASUTRA NIGHTS
3 TRANSFORMERS: Revenge of the Fallen
4 VILLA ESTRELLA

IMUS

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 KAMASUTRA NIGHTS
3 TRANSFORMERS: Revenge of the Fallen
4 VILLA ESTRELLA

STARMILLS

1 TRANSFORMERS: Revenge of the Fallen
2 VILLA ESTRELLA
3 DRAG ME TO HELL
4 TRANSFORMERS: Revenge of the Fallen
5 ICE AGE 3: DAWN OF THE DINOSAURS
6 ICE AGE 3: DAWN OF THE DINOSAURS

ANGELES

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 VILLA ESTRELLA
4 TRANSFORMERS: Revenge of the Fallen

TACLOBAN

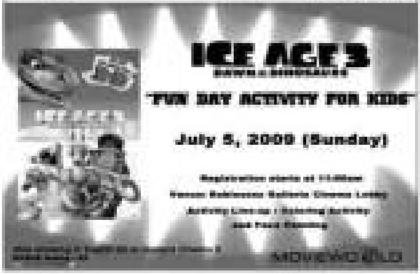
1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 TRANSFORMERS: Revenge of the Fallen

BACOLOD

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 TRANSFORMERS: Revenge of the Fallen
4 THE COFFIN
5 VILLA ESTRELLA
6 RESERVE

ILOILO

1 ICE AGE 3: DAWN OF THE DINOSAURS
2 ICE AGE 3: DAWN OF THE DINOSAURS
3 VILLA ESTRELLA
4 TRANSFORMERS: Revenge of the Fallen
5 THE COFFIN
6 TRANSFORMERS: Revenge of the Fallen



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TRANSFORMERS 2: REVENGE OF THE FALLEN

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TRANSFORMERS 2: REVENGE OF THE FALLEN

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Belo Supports The Fight Against Cervical Cancer

In line with ongoing awareness campaigns in the fight against cervical cancer, the Belo Medical Group demonstrates its support by making HPV vaccination readily available in all its clinics.

How does HPV affect me?

Cervical cancer – Am I at risk?

What can I do to protect myself?

It is estimated that 8 out of 10 women will get HPV in their lifetime*, and there's no way to tell which of those women will develop cervical cancer.**

Get vaccinated.



Belo supports the fight against Cervical Cancer.
Vaccination is available at all Belo Clinics.

Call 819-BELO
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Belo
Medical Group

Making HPV vaccination accessible to women

Belo Medical Group partners with CAREWELL

Taking the first step

ENTERTAINMENT



MARICAR Reyes

■ **Maricar survives scandal** Rushes /G3



SANJAYA Malakar

■ **Where on earth is Sanjaya?** Exclusive /G4



■ **Lessons from the tragic tale of King of Pop Michael Jackson** Viewfinder /G2

Lessons learned from Michael Jackson's tragic tale

ASIDE FROM MOURNING THE DEATH OF Michael Jackson, the music world's King of Pop, at only 50 years old, we should more productively focus on the valuable lessons his life and death have to teach us, specifically on the risks and dangers of child stardom.

Indeed, Michael's early years serve as an object lesson on how not to nurture vulnerable and impressionable young talents, no thanks to the unenlightened way that the young Michael was treated by his father and first manager, Joe Jackson.

VIEWFINDER



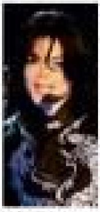
Nestor U. Torre

As we bid farewell to Michael, let's also remind ourselves that we need to protect new generations of child entertainers from show biz's harsh realities—and sometimes even from the people who profess to love them most, but in fact rob them of their childhood, happiness and peace of mind.

In Joe Jackson's case, he had many children and few job prospects, so he felt compelled to push his kids to become entertainers—whether they liked it or not. What made things worse was the physical punishment he imposed on them for real or imagined transgressions.

When young Michael demonstrated his stellar talent, his father proceeded to push the little boy, in the process depriving him of the normal, happy and "coolest" moments of childhood.

Little Michael virtually transformed his siblings' vocal ensemble, enabling the heretofore unheralded group to attain show biz stardom. As their singing engagements increased, however, so did the pressure on him, as the group's lead star, to work even harder.



MICHAEL Jackson

As a result, he experienced a level of [illegible] stress that children should not be subjected to, thus further skewing his growing-up years.

Even as his talent as an entertainer blossomed, Michael's psychological development continued to suffer, until the cracks began to show—introverted behavior, excessive sensitivity to other people's opinions, addiction to prescription medication, "weird" psychological quirks, accusations of shockingly exploitative behavior, etc.

Parents, guardians and mentors of other young talents should therefore learn from Jackson's sad experience and make sure that their own young wards don't suffer as much Michael did.

The first rule they need to follow is to be absolutely sure that their young talents' decision to become entertainers is voluntary. No way should they force their wards to become performers, because it isn't a child's responsibility to become his family's breadwinner.

Even if a child loves to entertain, he must be given enough time to study, play and just be a child. This is important to his development, because it enhances his sense of wonder, which all children need to develop their imagination and feelings of well-being.

So, ambitious children should be encouraged to become stars, but they shouldn't be pushed to the limit. Instead, they should be supported with the training they need to stand out—and most importantly with the encouragement of the people they love, so that they remain happy and motivated as they work their way up to star status.

Young talents also need to be protected from the entertainment industry's less than admirable aspects, which can warp their still immature view of life. And they should be shown how to cope with both success and failure.

Let's hope that, with these timely reminders, young talents and their families will be able to avoid the dangers and pitfalls that made Michael Jackson's public and private lives so conflicted and unhappy. Our young talents deserve nothing less.

New workshops and courses

After a successful summer showcase at The Podium last month, the Spotlight Artist Centre announces its new group workshops. They include the five-month Musical Theater 1 and 2, Creative Dance and Movement for Actors, Spotlight Kids, Scriptwriting (facilitated by Rody Vera), Acting [illegible] and Directing.

Also offered are individual classes for voice, guitar, drums, violin and piano. For details, log on to www.spotlightartistscentre.com or call 899-8099.



PIOLO Pascual and KC Concepcion

Singer-actress a glorified 'yaya'

By the Entertainment staff

Suffocated hunk

Missing X

Ugly truth for Big Spender

Celebrity birthdays

Top of the tabloids

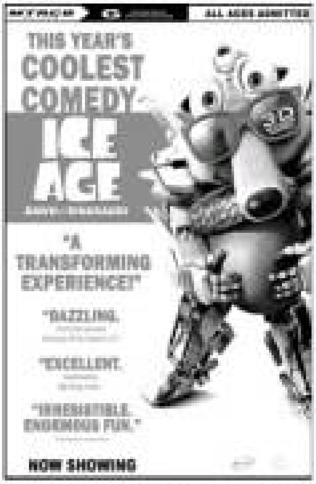
Hayden video saga

Quote, unquote

Likes, dislikes

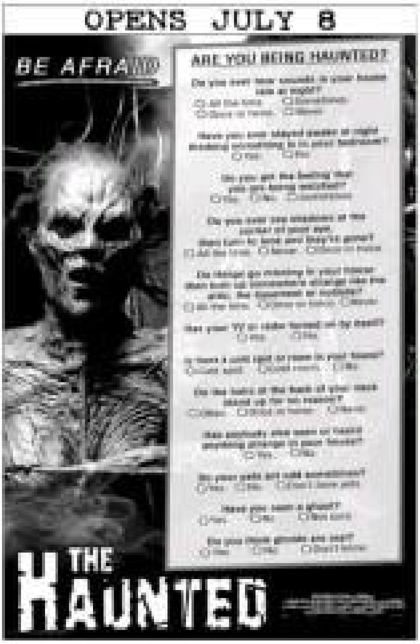
Forbes.com names Jolie, Aniston as Hollywood's top-earning actresses

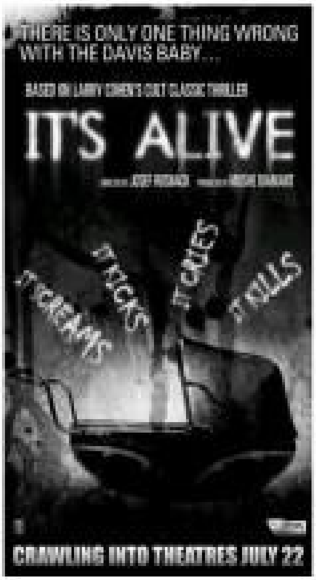


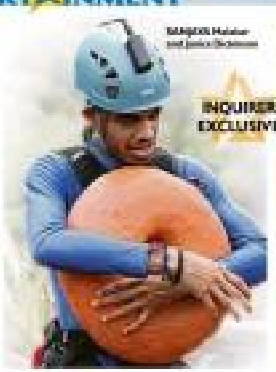












Sanjaya Malakar and Jessica Dickinson



Jungle challenge

By Gerry Plaza
Contributor

THE CONCEPT OF A REALITY TV SHOW ...

How did you prepare for the show?

What kind of sacrifice did you make for the show?

Why did you decide to be part of this?

How would you rate your fellow contestants?

Why do you think you have a chance in the competition?